

HI-STEP APPLICATION

Check off location:

Marlton Pennington Scotch Plains

Child's Name: _____

Date of Birth: _____ Grade: _____

Parent(s) name(s): _____

Home Address: _____

Telephone (home): _____

(cell): _____

E-mail: _____

Child's disability/diagnosis (if exists) & concerns:

TUITION:

\$3,700 for 5-week program (24-days) at all locations.

****\$250 DISCOUNT FOR EARLY ENROLLMENT** will be applied for any child paid in full by March 31, 2018.

****A 10% discount will be provided to school districts that enroll 10 or more students (contact us for more details).**

A \$500.00 deposit is required with application. If child is accepted, balance is due within 10 days following acceptance notification. Deposit will be refunded only if the child is not accepted or if the responsible party notifies *HI-STEP* within 10 days following acceptance notification. Please note that *HI-STEP* is not considered a mental health service & no CPT code will be provided. Contact your insurance company to determine if any reimbursement is available for part/all of the cost of the program. *HI-STEP* may be considered part of an extended school year program, paid by the school district. If the district is paying for part/all of the fee, the district *must* send confirmation letter & purchase order. Districts must pay in full by June 30, 2018 or acceptance may not be guaranteed.

Please make check payable to: "**HI-STEP**"

(credit card payments are also accepted)

Mail application and payment to:

HI-STEP c/o Behavior Therapy Associates, P.A.
35 Clyde Road, Suite 101 - Somerset, NJ 08873
Phone: 732-873-1212 Fax: 732-873-2584

HI-STEP

Summer Program

Sample Typical Day

- 8:45-9:00 Arrival to HI-STEP
9:00-9:30 Rule Development/Review,
Review of Previous Day's Skills
Social / Pragmatic Lang. Activity
9:30-10:15 Social-Emotional Skills Group
10:15-10:30 Behavior Specific Feedback
Snack
10:30-11:15 Creative Arts Activity
11:15-11:45 Supervised Recreational Activity
11:45-12:15 Lunch & Social Language
12:15-12:20 Behavior Specific Feedback
12:20-1:00 Learning Center (academically-related
activity emphasizing social skills)
1:00-1:45 Sports Training, Rec./Sports
Activity & Social Skills Devt.
1:45-2:00 Friendship Building Activities
2:00-2:15 Final Review of Behavior
2:15-2:30 Points exchanged for rewards
2:30-2:45 Review of Soc. Skills & Activities
2:45 Dismissal
Daily Report Card sent home



If you have questions, please contact us at
732-873-1212 or email us directly at
hstep@comcast.net

Visit our website for a video and more details
www.BehaviorTherapyAssociates.com

HI-STEP®

Summer Program

Helping Improve Social-skills
Through Evidence-based
Practices

Proudly celebrating 19 years:
Established in 2000

Mon., July 2, 2018 - Fri., August 3, 2018
(24 days total)

Three Locations:

Northern NJ (Scotch Plains) - 5 weeks
Central NJ (Pennington) - 5 weeks
Southern NJ (Marlton) - 5 weeks

Many children attend HI-STEP® as their
Extended School Year (ESY) program



5-week summer day program focusing on
developing children's social-emotional &
problem-solving skills through group
social skills training, individualized
attention, sports & recreational activities,
creative arts, academic-related activities, &
special events

Does Your Child Have Difficulty With?

- Friendship-making, conversation, cooperation
- Impulse control & problem-solving
- Anger & frustration management, emotional regulation
- Handling teasing and winning/losing
- Empathy training and expressing feelings
- Complimenting others & accepting feedback
- Perspective taking & understanding social cues
- Successfully participating in traditional summer programs

HI-STEP® Summer Program

- Specialized summer program to improve social skills
- Founded in 2000 ***Proudly celebrating 19 years***
- Children who are higher functioning within the Autism Spectrum / Asperger's, mild-moderate ADHD symptoms, Learning Disabilities, Anxiety, and other diagnoses have attended; no diagnosis is required
- Structured day with ongoing supervision
- Social-emotional and problem-solving training
- Group format with role-playing for generalization
- Emphasis on real-life problem solving
- Academically-related activities incorporating social skills
- Sports-recreational activities: sportsmanship emphasized
- Individualized attention
- Small-Group format (4:1 child-staff ratio)
- Positive Reinforcement System & Daily Scorecard
- Ongoing behavior specific feedback
- Parent Seminars: strategies & resources

Dates for all locations:

Monday, July 2, 2018 - Friday, August 3, 2018 (24 days total); closed July 4th.

Time: 8:45 AM - 2:45 PM daily

Ages: 6-17, grouped according to age, developmental levels, & needs. Prior students who have aged out of the program may apply to be considered on an individual basis.

Three HI-STEP Locations

- 1) Scotch Plains, NJ (Union Cty): **Coles Elementary School** easy access from NJ Tpk, G.S. Pkwy & Rts 287, 78, 80, 280, 22.
- 2) Pennington, NJ (Mercer Cty): **Stony Brook Elementary School** near Princeton & Flemington, NJ & Bucks Cty, PA.
- 3) Marlton, NJ (Burlington Cty): **Van Zant Elementary School** minutes from Cherry Hill, Routes 73 & 70.

Executive Directors

Michael C. Selbst, Ph.D., BCBA-D

Licensed Psychologist (NJ#3779, PA#9320)
NJ & PA Certified School Psychologist
Board Certified Behavior Analyst - Doctoral
Director - Behavior Therapy Associates

Steven B. Gordon, Ph.D., ABPP

Licensed Psychologist (NJ#936)
Board Certified - Cognitive & Behavioral Psychology
Executive Director - Behavior Therapy Associates



The **POWER-Solving®** Social Skills Curriculum, developed by Dr. Selbst & Dr. Gordon, and many other strategies based upon evidence-based approaches, are incorporated throughout HI-STEP.

Staff: Program Directors have graduate degrees in psychology and education and many areas of expertise and training. Counselors include mental health professionals, certified teachers, graduate students, and/or undergraduate students.

Parent Testimonials:

- ◆ *"Thank you so much for what you are doing for our children. Thank you for the difference you are making in so many lives, and especially ours."*
- ◆ *"My son loved going to the program everyday, making new friends & learning to play with others."*
- ◆ *"We have seen him carryover what he has learned."*
- ◆ *"Thanks again for the wonderful and enriching program. We look forward to next year."*
- ◆ *"Our daughter received many benefits: decreased bossiness, better telephone & conversation skills..."*
- ◆ *"I liked the daily report - it let me know immediately how the day went."*
- ◆ *HI-STEP "...is one of the best things that's happened for [my child] in a long time."*

HI-STEP

c/o Behavior Therapy Associates
35 Clyde Road - Suite 101
Somerset, NJ 08873
Phone: 732-873-1212

Scotch Plains Location

Director: Rory Panter, Psy.D.
Licensed Psychologist NJ#4904

Pennington Location

Director: Rebecca Schulman, Psy.D., BCBA-D
Licensed Psychologist NJ#5860;
Board Certified Behavior Analyst

Marlton Location

Director: Amy Golden, M.S., BCBA
Board Certified Behavior Analyst

Parent Training / Involvement: Orientation Meeting prior to program; Two Parent Seminars; Parent-Counselor Conference; Daily Written Feedback

Special Events: Prior years have included Magic Show, Science Show, Planetarium, Animal Show, Therapeutic Dogs, Musicians, Carnival, Fossil Dig, Drum Circle, Guest Artist, Charity Fundraising, Family Day, etc.

Meals: Children bring their own lunch. Healthy snacks will be provided daily.

Transportation: Parents transport children to/from program. Districts have transported students as part of ESY.

School Districts: Many children attend HI-STEP as part of their special education I.E.P.'s extended school year (ESY) program. Discuss this with your case manager or HI-STEP Directors. If the district is paying for part/all of the fee, the district must send a confirmation letter & purchase order.



- ◆ *All applicants are screened to ensure appropriateness for HI-STEP. Please forward copies of recent reports/summaries/IEP's with application.*
- ◆ *HI-STEP is not appropriate for students with significant cognitive delays, significant oppositional/defiant behavior, and/or a history of aggression or high likelihood of aggression.*
- ◆ *A more detailed program packet, directions, & questionnaires will be sent following acceptance.*